

## **WEEK 1 MENU**

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03

HOT MARKET

**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Paprika Marinated Chicken served with Savoury Vegetable Rice Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces Crispy Topped
Shepherds Pie
served with
Seasonal Vegetables

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Jacket Potato served with Tuna Mayo Or Cheese and Beans Jacket Potato served with Tuna Mayo Or Cheese and Beans Jacket Potato served with Tuna Mayo Or Cheese and Beans Quorn sausage served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks
Choose one of our
Fabulous Desserts

Ham Sandwich
Pizza Finger
Duo of Salad Sticks
Choose one of our
Fabulous Desserts

Cheese Sandwich Tortilla Chips Duo of Salad Sticks Choose one of our Fabulous Desserts Ham Sandwich Cheese Straw Duo of Salad Sticks Choose one of our Fabulous Desserts Cheese Sandwich Tortilla Chips Duo of Salad Sticks Choose one of our Fabulous Desserts

**DESSERTS** 

Choose One of Our Fabulous Desserts Apple & Winter Berry Crumble Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Jam Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Oat & Raisin Cookie Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Caramel Mousse with Bananas Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-cream & Fruit Sauce Fruity Jelly Fresh Fruit Pot



## **WEEK 2 MENU**

WEEKS: 10/11, 01/12, 05/01, 26/01, 23/02, 16/03

HOT MARKET

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Parmigiano Chicken Melt served with Baked Wedges, Peas & Sweetcorn Greek Style Chicken Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops Roast Gammon served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Chicken Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Jacket Potato served with Tuna Mayo Or Cheese and Beans Jacket Potato served with Tuna Mayo Or Cheese and Beans Jacket Potato served with Tuna Mayo Or Cheese and Beans

Quorn Fillet served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks
Choose one of our
Fabulous Desserts

Ham Sandwich
Pizza Finger
Duo of Salad Sticks
Choose one of our
Fabulous Desserts

Cheese Sandwich Tortilla Chips Duo of Salad Sticks Choose one of our Fabulous Desserts Ham Sandwich Cheese Straw Duo of Salad Sticks Choose one of our Fabulous Desserts Cheese Sandwich Tortilla Chips Duo of Salad Sticks Choose one of our Fabulous Desserts

**DESSERTS** 

Choose One of Our Fabulous Desserts Strawberry Mousse with Mixed Berry Compote Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Jam Roly Poly Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Sticky Pineapple Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Lemon Tart Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



## **WEEK 3 MENU**

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03

HOT MARKET

**MONDAY** 

TUESDAY

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Meat Pizza served with Baked Baby Potatoes, &

Peas & Sweetcorn

Warm Chicken Baguette served with Selection of Sauces Potatoes Wedges & Crunchy Veg Sticks Beef Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables Sausage Pork served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Chicken Burger served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Jacket Potato served with Tuna Mayo Or Cheese and Beans Jacket Potato served with Tuna Mayo Or Cheese and Beans Jacket Potato served with Tuna Mayo Or Cheese and Beans Quorn Sausage Roast served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Jacket Potato served with Tuna Mayo Or Cheese and Beans

LUNCHTIME LUNCHBOX Cheese Sandwich Tortilla Chips Duo of Salad Sticks Choose one of our Fabulous Desserts Ham Sandwich
Pizza Finger
Duo of Salad Sticks
Choose one of our
Fabulous Desserts

Cheese Sandwich Tortilla Chips Duo of Salad Sticks Choose one of our Fabulous Desserts Ham Sandwich Cheese Straw Duo of Salad Sticks Choose one of our Fabulous Desserts Cheese Sandwich Tortilla Chips Duo of Salad Sticks Choose one of our Fabulous Desserts

**DESSERTS** 

Choose One of Our Fabulous Desserts Sprinkle Cookie Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Syrup Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Mousse with Orange Wedge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Carrot Cake Fruit Yoghurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Victoria Sponge Fruity Jelly Fresh Fruit Pot