

Reasonable Adjustments		Name of pupil: Highlight strategies in use with date started.		Year group:	
Physical / Sensory	Cognition and learning		Organisation	Language	SEMH
Work station Move 'n' sit/wedge cushion Writing slope Fiddle toys/chews Proprioceptive feedback activities (heavy work) Sensory breaks Movement/brain breaks Ear defenders Seating position to avoid distractions Postural support e.g. block for feet Fine motor activities e.g. Tweezer work / threading	Pre-teaching Recording in a variety of ways e.g. Voice recorder, Scribe, Clicker, Voice to text software Teach touch typing		Own set of resources e.g. pencils, pens, ruler, protractor, scissors, glue stick Personalised visual time-table Task planner Routine Planners Highlighting instead of noting In/out work trays First & Then boards/Verbal choice Choice board Mnemonics – memory Differentiated homework/guidance Additional practice/over-learning approaches Resources colour coded	Chunking/Step by step instructions Back up instructions visually Simplified Language Modelling good use of language Pre-teaching vocabulary Social stories/scripts & comic strip conversations Topic and academic vocabulary cards for individuals Resources labelled with words and visuals Give extra processing time	<b>*For some children with SEMH needs they can also have unmet learning needs</b> Individual motivation resources Mindfulness strategies Anxiety mapping Break cards Sand timers Alternative play and social support Supported turn taking games Meet and greet with a buddy Learning mentor
	Reading	Writing			
	High frequency word mat/keyring Simplified text / instructions Longer texts chunked Adult/buddy reader (for access to text) Essential reading highlighted Reading ruler / window Coloured overlay / Paper Additional time Differentiated expected outcome Prompt bookmark Personalised copy of whiteboard information	Fine motor activities Pencil grip/triangular pencil/pen Letter formation cards, alphabet strips / arcs Mats – Phonic, rhyme, prefix/suffix, common exception words High frequency word mat/keyring Writing frame Worked examples Checklists, e.g. for editing work Sentence starters Spell checkers, personalised spelling log	Number line/100 square/Tens frame. Multiplication square Manipulatives e.g. Numicon, Cuisenaire rods, Unifix, Multi-link cubes. Vocabulary mat Symbol / operations cards for individuals Talking calculator		

## Additional Information

**Social stories / comic strip conversations** - <https://www.autism.org.uk/advice-and-guidance/topics/communication/communication-tools/social-stories-and-comic-strip-conversations>

**First and then boards / routine planners / Choice board** - <https://www.autism.org.uk/advice-and-guidance/topics/communication/communication-tools/visual-supports>

**Postural support** - <https://www.cambscommunityservices.nhs.uk/cambridgeshire-children's-occupational-therapy/paper-pencil-and-scissor-skills/posture-and-seating>

**Sensory breaks** – <https://www.hct.nhs.uk/media/3518/basic-sensory-diet-ideas-mar-2020.pdf>

**Modelling good use of language** – <https://www.cambscommunityservices.nhs.uk/what-we-do/children-young-people-health-services/cambridgeshire/specialist-services/childrens-speech-and-language-therapy/activities-ideas-and-info/primary-and-secondary-schools/speech>

**Mindfulness strategies** – <https://positivepsychology.com/mindfulness-education/>

**Anxiety mapping** - <https://www.healthyyoungmindsinherts.org.uk/sites/default/files/publications/term%3A%20vocabulary%3A%20Anxiety%20mapping%20guidance.pdf>  
(This is from Hertfordshire STEPS which is a very similar model to Cambridgeshire steps)

## Notes

**NB:** These suggestions for reasonable adjustments are provided for you from the Strategic SEND Support Team. They are not designed to be exhaustive but as starting points for you to consider. Please add other reasonable adjustments strategies as appropriate. Websites are provided for illustration and as sources of information only and are not endorsed specifically by Strategic SEND Support, SEND Services or Cambridgeshire County Council.