

**THANK YOU FOR HELPING  
ME TO FEEL LIKE I MATTER!**

Place2Be's  
**CHILDREN'S  
MENTAL HEALTH  
WEEK**

Dear \_\_\_\_\_

When you \_\_\_\_\_

I felt \_\_\_\_\_ and that felt good!

Everyone needs to feel like they matter –so thank you for helping me to feel like I matter!

From  
\_\_\_\_\_

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